

Psychopharmacology & Psychological Disorders

Instructor: Dr. Bitá Sharifzadeh, OPQ # 10884-07 Email: info.elite@dbn.life	Class Instruction: Online at the student's own pace. Students can expect to devote 2 hours of personal time (e.g. course readings, exam prep, research) for every 1 hour of in-class work.
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Important Notes:

Please verify that the course satisfies the requirements that you require to receive your psychotherapy permit.

Course Syllabus

Course Description

The Psychopharmacology & Psychological Disorders course (15 hours or 1 credit) is designed for students wishing to gain an in-depth knowledge of a variety of mental health disorders and the use of psychotropic medication in their treatment. Students will become acquainted with the primary symptoms that encompass several disorders, including mood disorders, anxiety disorders, and bipolar disorders. Etiologies and risk factors will be discussed as well as the differential diagnoses that one must be aware of when assessing a client. Finally, students will learn the primary psychotropic medications used in the treatment of these disorders and the possible side effects that mental health clinicians must be aware of when working with clients.

Course Objectives

1. Identify the primary symptoms of mental health disorders, including depressive disorders, anxiety disorders, and bipolar disorders.
2. Assess for differential diagnoses of various disorders;
3. Identify the primary psychotropic medications used to treat depressive disorders, anxiety disorders, and bipolar disorders.

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Course Format:

The course lecture will be available online [DBN Elite](#). Students will be assessed twice throughout the course. They will be asked to complete a case study assignment and complete a final exam.

Course Evaluation:

The course is pass/fail, no numeric grade will be provided, however, a passing grade is 75%.

-Assignments (60%): You will be asked to submit a case study assignment after the completion of the lecture. Assignment instructions and rubric will be posted on the DBN Elite website. The assignment will consist of 3 clinical cases for which you have to demonstrate your knowledge. Your response to each case should be 500 words and should draw upon the material presented in the lecture and the required readings.

Each response should be structured in the following manner:

- Briefly introduce the case
- Provide a diagnosis supported by an analysis of the client's presentation. Include any differential diagnoses as well
- A treatment plan, with mention of the possible risks associated with the psychotropic medication(s) you suggest

**Note that for each case, you will be provided with questions that should be answered in your responses. This information will be available to you as you are completing the assignment.

Other guidelines to follow:

- Use the required textbooks to support your analysis. Quotes are not required, however, you should summarize and apply key concepts
- You will not be required to use additional resources, however, any reference made to the textbook should be cited in accordance with APA standards

-Final Exam (40%): The course evaluation will be a cumulative exam that consists of 35 multiple-choice and true or false questions designed to assess your knowledge of psychopharmacology. The final exam will be available to you once you have completed the lecture. A passing grade is 75% or 27 correct questions.

Required Readings

American Psychiatric Association, (2017) *Diagnostic and statistical manual of mental disorders: DSM-5*. Arlington, VA.

Hooley, J. M., Butcher, J., Knock, M., & Mineka, S. (2016). *Abnormal psychology*. Essex, England: Pearson Education Limited.

Preston, J., O'Neal, J. H., & Talaga, M. C. (2017). *Handbook of clinical psychopharmacology for therapists*. Oakland, CA: New Harbinger Publications, Inc.

Recommended Readings

Bezchlibnyk-Butler, K. Z., Jeffries, J. J., & Procyshyn, R. M. (2019). *Clinical handbook of psychotropic drugs*. Boston, MA: Hogrefe.

Healy, D. (2009). *Les médicaments psychiatriques démythifiés (5e éd.)*. Issy-les-Moulineaux : Elsevier Masson SAS.

Muse, M., & Moore, B. A. (2012). *Handbook of clinical psychopharmacology for psychologists*. Hoboken, NJ: John Wiley and Sons.

Stahl, S. M., & Muntner, N. (2017). *Stahl's essential psychopharmacology: neuroscientific basis and practical applications*. Cambridge: Cambridge University Press.

Disclaimer

****Please note that all aspects of this course are subject to change without prior notice.****

Course Schedule

<i>Topics Covered</i>	<i>Required Reading(s)</i>
<p><i>Depressive Disorders</i> -Different disorders -Etiology -Differential diagnosis -Treatment</p> <p><i>Bipolar Disorders</i> -Different disorders -Etiology -Differential diagnosis -Treatment</p> <p><i>Anxiety Disorders</i> -Different disorders -Etiology -Differential diagnosis -Treatment</p>	<p>American Psychiatric Association: p. 156-188</p> <p>Preston et al; p. 77 - 94; p. 175 - 200</p> <p>Hooley et al. (2016): p. 220-268</p> <p>American Psychiatric Association: Pages 123-154</p> <p>Preston et al.: Pages 95 - 106, pages 201 - 216</p> <p>Hooley et al.: Pages 220-268</p> <p>American Psychiatric Association: Pages 189-233</p> <p>Preston et al.: Pages 107-122, pages 217 - 226</p> <p>Hooley et al.: pages 173-219</p>
<p><i>Segment 2: Pre-recorded Q&A Exercise</i></p>	<p>This exercise is to be done as in-class work and should take students up to 5 hours to complete.</p>

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In-Class

Task	Number of Hours
Lecture Time	3 hours
Lecture Readings	11.5 hours
Final Exam	1.5 hours
TOTAL IN-CLASS TIME	15 hours

Outside of Class

Task	Number of Hours
Assignment	7 hours
Textbook Readings	13 hours
Final Exam Prep	10 hours
TOTAL OUT OF CLASS TIME	30 HOURS

TOTAL COURSE	45 HOURS
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